

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>9:00 Communion (3<sup>rd</sup>)            10:00 Armchair Pilates (CR)            11:00 Netflix: Earth's Natural Wonders (CR)            2:30 Ron Goldman on Guitar! (CR)            7:00 TV Series: <i>Grace and Frankie</i></p>	<p><b>2 Labor Day</b></p> <p>9:00 Current Events (CR)            9:30 Morning Stretch (CR)            10:00 <i>Everyone's A Chef: Making Gazpacho &amp; Other Cool Soups</i> (CR)            1:30 Gardening &amp; Patio Refreshments (C )            2:30 Musical Memories: Perry Como (CR)            3:30 Crossword Puzzle            7:00 Movie: <i>Words and Music</i></p>	<p><b>3</b></p> <p>9:00 Current Events (CR)            9:30 Movin' &amp; Groovin'(CR)            10-2 Voter Registration (RR)            10:30 Fitness Fun (C )            12:00 Lunch Outing: Joyful Garden, Watertown            1:30 Kindness Klatch (C )            2:30 Glee Club with Tom &amp; Carol! (CR)            4:00 Courtyard Conversations            4:00 Book Club with Erin (L)            7:00 Movie: <i>Lincoln</i></p>	<p><b>4</b></p> <p>9:00 Current Events (CR)            9:30 Yoga with Jordan (CR)            10:00 Engaging in Aging w/Sister Carlotta (CR)            10-2 Voter Registration (RR)            10:30 Neighborhood Walk (Meet in Lobby)            2:30 Penny Blackjack (CR)            4:00 Bingo! (CR)            7:00 Musical Movie Night: <i>Jersey Boys</i></p>	<p><b>5</b></p> <p>9:00 Current Events (CR)            9:30 Strength &amp; Power with Jordan (CR)            10:30 Fitness Program Update Meeting (CR)            11:00 Walking Club (C )            1:30 Music w/ Carolyn (CR)            2:30 Theology Seminar (L)            3:30 General Store (RR)            7:00 TV Series: <i>NCIS</i></p>	<p><b>6</b></p> <p>9:00 Current Events (CR)            9:30 Chair Zumba with Jordan (CR)            10:00 Shopping Trip: Stop n Shop/Russo's, Watertown            10:30 Music with Deb (CR)            1:30 Short Stories w/Erin (L)            1:30 Shopping Trip: Market Basket &amp; Marshall's            2:30 Musical Bingo! (CR)            3:30 Shabbat with Ma'ayan (RR)            7:00 Classic Movie Night: <i>Bonnie &amp; Clyde</i></p>	<p><b>7</b></p> <p>9:30 Communion (3<sup>rd</sup>)            10:00 Strength &amp; Stretch with Jordan (CR)            11:00 Fitness Fun with Jordan (C )            1:30 Walking Club (C )            2:00 Oscar Movie Matinee: <i>20 Feet from Stardom</i>            3:30 Conversational Spanish (L)            3:30 Happier Hour! (CR )            7:00 Saturday Night Movie: <i>20 Feet from Stardom</i></p>
<p><b>8 Grandparents Day</b></p> <p>9:00 Communion (3<sup>rd</sup>)            10:00 Armchair Pilates (CR)            11:00 Netflix: Earth's Natural Wonders (CR)            2:30 Gospel Music! (CR)            7:00 TV Series: <i>Grace and Frankie</i></p>	<p><b>9 National Assisted Living Week</b></p> <p>9:00 Current Events (CR)            9:30 Morning Stretch (CR)            10:15 Music with Carolyn (CR)            1:30 Meditation &amp; Mindfulness(C )            2:30 Ballroom Dancing (C )            3:45 Resident Empowerment Meeting (CR)            7:00 Movie: <i>Indiana Jones and The Last Crusade</i></p>	<p><b>10</b></p> <p>9:00 Current Events (CR)            9:30 Movin' &amp; Groovin'(CR)            10:30 Creating Together (Courtyard)            11-3 Susie's Trunk Show(CR)            1:30 Kindness Klatch (C )            1:30 Shopping Trip: Savers &amp; Dollar Store            2:30 Favorite Tunes with Erin (CR)            4:00 Courtyard Conversations            4:00 Book Club with Erin (L)            7:00 Movie: <i>The Aviator</i></p>	<p><b>11</b></p> <p>9:00 Current Events (CR)            10:00 The Amazing Race! Special Event in the Courtyard            11:30 BBQ Lunch! (C/D)            1:30 Trip: Boston Public Library            2:30 Penny Blackjack (CR)            4:00 Bingo! (CR)            7:00 Musical Movie Night: <i>Grease</i></p>	<p><b>12</b></p> <p>9:00 Current Events (CR)            9:30 Strength &amp; Power with Jordan (CR)            10:15 Painting Portraits (RR)            10:30 Walking Club (C )            11:00 Blood Pressure Clinic(CR)            1:30 Fine Art Presentation: The Art of the Portrait (CR)            2:30 Pet Pals with Jackson(C)            2:30 Theology Seminar (L)            3:00 Ice Cream Social! (C )            4:00 General Store (RR)            7:00 TV Series: <i>NCIS</i></p>	<p><b>13</b></p> <p>9:00 Current Events (CR)            9:30 Fitness Video (CR)            10:00 Outing: Castle Island &amp; Lunch            10:45 Meditation w/Erin (CR)            1:30 Short Stories w/Erin (L)            2:00 Shopping Trip: Star/Wegman's, Chestnut Hill            2:30 Music &amp; Its Effects on the Aging Brain (CR)            3:30 Shabbat with Alicia (RR)            7:00 Classic Movie Night: <i>Monty Python and the Holy Grail</i></p>	<p><b>14</b></p> <p>9:30 Communion (3<sup>rd</sup>)            10:00 Exercise with Diane(CR)            10:45 Favorite Tunes with Erin (CR)            1:30 Songwriting Seminar with Erin (L)            2:00 Oscar Movie Matinee: <i>As Good As It Gets</i>            2:30 Poetry (RR)            3:30 Happier Hour! (C )            7:00 Saturday Night Movie: <i>As Good As It Gets</i></p>
<p><b>15</b></p> <p>9:00 Communion (3<sup>rd</sup>)            9:30 Armchair Pilates (CR)            10:30 Tom Madden Entertains! (CR)            2:30 Matinee Movie:            7:00 TV Series: <i>Grace and Frankie</i></p>	<p><b>16</b></p> <p>9:00 Current Events (CR)            9:30 Morning Stretch (CR)            10:00 <i>Everyone's A Chef: Molasses Treats</i>            1:30 Gardening &amp; Patio Refreshments (C )            2:30 Musical Memories: Lena Horne (CR)            3:30 Food for Thought Meeting (CR)            7:00 Movie: <i>Julie &amp; Julia</i></p>	<p><b>17</b></p> <p>9:00 Current Events (CR)            9:30 Movin' &amp; Groovin'(CR)            10:15 Create with Carolyn: Mini Canvases (C )            10:30 Fitness Fun (C )            1:30 Outing: Riverboat Cruise on the Charles            2:30 Favorite Tunes with Erin (CR)            4:00 Book Club with Erin (L)            4:00 Courtyard Conversations            7:00 Movie: <i>Saving Mr Banks</i></p>	<p><b>18</b></p> <p>9:00 Current Events (CR)            9:30 Yoga with Jordan(CR)            10:00 Engaging in Aging w/Sister Carlotta (CR)            10:30 Neighborhood Walk (Meet in Lobby)            2:30 Penny Blackjack(CR)            4:00 Bingo! (CR)            7:00 Musical Movie Night: <i>Carousel</i></p>	<p><b>19</b></p> <p>9:00 Current Events(CR)            9:30 Strength &amp; Power with Jordan (CR)            10:30 Walking Club (C )            1:30 Music w/ Carolyn (CR)            2:00 Makeovers with Lisa (CR)            2:30 Theology Seminar (L)            3:30 General Store (RR)            7:00 TV Series: <i>NCIS</i></p>	<p><b>20</b></p> <p>9:00 Current Events(CR)            9:30 Chair Zumba with Jordan (CR)            10:00 Shopping Trip: Stop n' Shop/Dollar Tree/CVS            10:30 Music with Deb (CR)            1:30 Outing: Louisa May Alcott's Orchard House            2:30 Special Concert with Tom &amp; Carol! (CR)            3:30 Shabbat (RR)            7:00 Classic Movie Night: <i>Little Women</i></p>	<p><b>21</b></p> <p>9:30 Communion (3<sup>rd</sup>)            10:00 Meditation w/Erin (CR)            10:45 Musical Bingo! (CR)            1:30 Favorite Tunes w/Erin (C)            1:45 Oscar Movie Matinee: <i>The Iron Lady</i>            3:30 Conversational Spanish (L)            3:30 Happier Hour! (CR)            7:00 Oscar Movie: <i>The Iron Lady</i></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>22</b></p> <p>9:00 Communion (3<sup>rd</sup>)</p> <p>10:00 Armchair Pilates (CR)</p> <p>11:00 Netflix: Earth's Natural Wonders (CR)</p> <p>2:30 Keun Young Sun on Piano! (CR)</p> <p>7:00 TV Series: <i>Grace and Frankie</i></p>	<p><b>23 Autumn Begins</b></p> <p>9:00 Current Events (CR)</p> <p>9:30 Morning Stretch (CR)</p> <p>10:15 Music with Carolyn (CR)</p> <p>1:30 Meditation &amp; Mindfulness(CR)</p> <p>2:30 Ballroom Dancing (CR)</p> <p>3:30 Advisory Board Meeting (L)</p> <p>7:00 Movie: <i>Duchess</i></p>	<p><b>24</b></p> <p>9:00 Current Events (CR)</p> <p>9:30 Movin' &amp; Groovin' (CR)</p> <p>10:30 Art Class with Myrna (RR)</p> <p>10:30 Fitness Fun (C)</p> <p>1:30 Trip: <i>Downton Abbey</i> Exhibition, Boston</p> <p>2:30 Favorite Tunes with Erin (CR)</p> <p>3:30 August Birthday Celebration &amp; Happier Hour! (CR)</p> <p>7:00 Movie: <i>War Horse</i> Boston Preliminary Municipal Election</p>	<p><b>25</b></p> <p>9:00 Current Events (CR)</p> <p>9:30 Yoga with Jordan (CR)</p> <p>10:00 Trip: Manicures at Nailbar</p> <p>10:30 Neighborhood Walk (Meet in Lobby)</p> <p>1:30 Intro to Alexa (CR)</p> <p>2:30 Penny Blackjack (CR)</p> <p>3:30 Song Pictionary (LR)</p> <p>4:00 Bingo! (CR)</p> <p>7:00 Musical Movie Night: <i>Phantom of the Opera</i></p>	<p><b>26</b></p> <p>9:00 Current Events (CR)</p> <p>9:30 Strength &amp; Power with Jordan (CR)</p> <p>10:30 Walking Club (C)</p> <p>1:30 Fine Art Presentation: Art of Autumn (CR)</p> <p>2:30 Fall Prevention Clinic (CR)</p> <p>2:30 Pet Pals with Jackson (LR)</p> <p>2:30 Theology Seminar (L)</p> <p>3:30 General Store End-of Month Sale! (RR)</p> <p>7:00 TV Series: <i>NCIS</i></p>	<p><b>27</b></p> <p>9:00 Current Events (CR)</p> <p>9:30 Chair Zumba with Jordan (CR)</p> <p>10:00 Shopping Trip: TJ Maxx /CVS, Brighton</p> <p>10:30 Music with Deb (CR)</p> <p>1:30 Outing: Shaw's/ Ocean State Job Lot, Waltham</p> <p>2:00 Making Music with Carolyn (CR)</p> <p>3:30 Shabbat (RR)</p> <p>7:00 Classic Movie Night: <i>All the President's Men</i></p>	<p><b>28</b></p> <p>9:30 Communion (3<sup>rd</sup>)</p> <p>10:00 Strength &amp; Stretch with Jordan (CR)</p> <p>11:00 Fitness Fun with Jordan (C)</p> <p>1:30 Walking Club (C)</p> <p>2:15 Janna's Classic Ballet Program (CR)</p> <p>2:30 Poetry (RR)</p> <p>3:00 Happier Hour! (CR)</p> <p>7:00 Oscar Movie: <i>The Theory of Everything</i></p>
<p><b>29 Rosh Hashanah</b></p> <p>9:00 Communion (3<sup>rd</sup>)</p> <p>10:00 Armchair Pilates (CR)</p> <p>11:00 Netflix: Earth's Natural Wonders (CR)</p> <p>2:30 Jack Craig Performs! (CR)</p> <p>7:00 TV Series: <i>Grace and Frankie</i></p>	<p><b>30 Rosh Hashanah</b></p> <p>9:00 Current Events (CR)</p> <p>9:30 Morning Stretch (CR)</p> <p>10:00 <i>Everyone's A Chef: Baking Honey Cake</i></p> <p>1:30 Musical Memories: Barbra Streisand (CR)</p> <p>3:00 Celebrating Rosh Hashanah (CR)</p> <p>4:00 Resident Forum (CR)</p> <p>7:00 Movie: <i>The Way We Were</i></p>	<p><b>All programs are subject to change without notice.</b></p> <p>To hear the daily programs and for more information on-demand, call VoiceFriend at 1-877-281-5695</p>	<p><b>Color Key</b></p> <p><b>Fitness</b></p> <p><b>Art &amp; Music</b></p> <p><b>Culinary</b></p> <p><b>Education</b></p> <p><b>Spiritual</b></p> <p>Please check daily sheets for an updated schedule of programs, including movies and trip times.</p>	<p><b>Location Key</b></p> <p>(RR) = Red Room</p> <p>(L) = Library</p> <p>(LR) = Living Room</p> <p>(CR) = 1<sup>st</sup> Floor Community Room</p> <p>(3<sup>rd</sup>) = 3<sup>rd</sup> Floor Meeting Area</p> <p>(D) = Dining Room</p> <p>(C) = Courtyard</p> <p>Communion is Monday-Friday 10:30, Saturday 9:30, Sunday 9:00 on the Third Floor.</p>	<p><b>September Birthdays</b></p> <p>September 25 Arieh L.</p> <p>September 26 Edgar B.</p> <p>September 26 Marie G.</p> <p>September 26 James M.</p> <p>September 29 Jean G.</p> <p>September 30 Chris D.</p> <p>September 30 Rachel M.</p>	<p>The <b>Hair Salon</b> on the Terrace Level is open Tuesday &amp; Thursday from 10:00-4:00. Please make an appointment at Reception.</p>